Where Can You Have Your Placenta Encapsulated?

Your Home Kitchen

Specialist's Workspace

No Matter Where the Placenta is Prepared These Things Remain Constant...

The placenta only comes in contact with the sanitized equipment or disposable materials provided by the PES (placenta encapsulation specialist). The placenta rarely, if ever, comes in direct contact with the location's surfaces.

There is **no chance of an accidental "mix up" occurring** with a trained, ethical and trustworthy PES. Whether the placenta is encapsulated in your home or the PES's space, the **protocol requires working on only one placenta at a time** per location.

The placenta is prepared using an identical protocol. There is no variation in preparation based on the location.

You can **request thorough documentation on the condition of your placenta and how it is processed,** including: weight, shape, size, abnormalities, variations, dehydration time, etc. You can review the PES's protocol and ask questions about their training and experience.

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The sanitation of the surfaces and equipment is precisely the same. **Universal precautions are used in ALL locations.** There is no reason for one place to be automatically safer than another.

The PES's **ethics, experience, professionalism and training do not change** based on where s/he prepares a placenta.

Placenta encapsulation is not currently regulated on the federal or state level. It is **not illegal to encapsulate** in your home or anyone else's home.

Benefits of Having the Placenta Prepared in Your Home

- You can choose to observe the preparation of the placenta in person if you wish.
- You can choose to observe the cleanliness of the preparation area in person if you wish.
- You will transport your own placenta to your home so that it remains in your possession.
- You can possibly have more in-person connection with the encapsulator.
- You have the opportunity to discuss encapsulation with any visitors while the placenta is being prepared.

Drawbacks of Having the Placenta Prepared in Your Home

- You must give up use of your kitchen while the PES is working.
- You need to have adequate space, organization and cleanliness for the placenta to be prepared in your home.
- You may feel like you need to explain placenta encapsulation to friends or family members who visit during the process. It may be harder to keep it a secret if that is what you prefer.
- You are responsible for holding the placenta at your birthplace, transporting it to your home & maintaining a safe temperature.
- You must allow someone, usually a stranger, into your home during a sensitive time of transition.
- You will likely experience the sights, odors, and sounds of the entire placenta preparation process.
- If you have a hospital birth there may be a delay in receiving your pills since the process has to wait for you to return home.
- If the PES is injured in your home, you may be liable.
- The placenta will be left dehydrating 12-24 hours in your home under your supervision.
- Your kitchen will be exposed to your blood-borne pathogens and subsequently sanitized with strong disinfectants.

Benefits of Having Your Placenta Prepared in the Specialist's Space

- You can maintain your privacy and not have a stranger in your home.
- You can have the encapsulation process begun within hours of birth.
- You can choose which you prefer: having the PES transport the placenta OR transporting the placenta yourself to the specialist's location.
- You can choose to observe the process via Skype or in person at their workspace, if you wish (and the PES offers it).
- If you have a hospital birth, you can likely receive your pills faster since you don't have to wait to be home to begin the encapsulation process.
- The interruption to your postpartum time is minimized. It can be just 5 minutes for the pick up and 5 minutes for the drop off or it can be more extended and personal, if the you wish.
- You do not have to explain to anyone what you are doing with your placenta. Full discretion is maintained.

Drawbacks of Having Your Placenta Prepared in the Specialist's Space

- You will not be able to control access to the preparation space at all times.
- You may not be able to observe the preparation process in person.
- If the PES is already preparing a placenta, you will need to delay the start of your placenta until the process is finished and the space has been sanitized.
- You may have less time for in-person connection with the PES.

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